

THE TEN COMMANDMENTS OVERVIEW

Courtesy of www.mygrandmatime.com

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SERIES DESIGN OPTIONS:

(adult/small group, family, and children's ideas are included in each lesson)

10 weeks – combine the 10 lessons from the commandments
and the 10 lessons from the life of Moses

10 weeks – use only the 10 lessons from the commandments

10 weeks – use only the 10 lessons from the life of Moses

20 weeks – alternately use the lessons from the commandments and the life of Moses

Ideas are included in each session that could be used in a “program” (music, drama, memory verses, etc.) at the end of the lessons. A powerpoint file is available in “resources” to help you.

SERIES MV:

“One of the teachers of the law came and heard them debating. Noticing that Jesus had given them a good answer, he asked him, “Of all the commandments, which is the most important?” The most important one,” answered Jesus, “is this: ‘Hear, O Israel, the Lord our God, the Lord is one. Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.’ The second is this: ‘Love your neighbor as yourself.’ There is no commandment greater than these.” **Mark 12:28-31**

(Check out “The Bible in your Brain volume 2” cd from Gospel Light. The #2 track is the majority of this wording.)

SERIES OVERVIEW:

Commandment #1- Put God First!

MV for this (or for weeks one & two) week: “You shall have no other gods before me.” Exodus 20:3

Moses #1 – Exodus 1 & 2 Moses is born

MV for this week (or use previous week's): “Peter and the other apostles replied: “We must obey God rather than men!” Acts 5:29

Commandment #2- Do not worship idols!

MV for this (or for weeks three & four) week: “Dear children, keep yourselves from idols.” I John 5:21

Moses #2- Exodus 2:4-10 Moses becomes Pharaoh's grandson

MV for this week (or use previous week's): “But seek first His kingdom and His righteousness, and all these things will be given to you as well.” Matthew 6:33

(Google “Seek Ye First” © 1972 Maranatha! Music - Words and Music by Karen Lafferty – for this scripture song.)

Commandment #3- Respect God's Name (or Do not use God's name in vain or God's Name Matters)

MV for this (or for weeks five & six) week: O LORD, our Lord, how majestic is your name in all the earth” Psalm 8:9

(Google “How Majestic is Your Name” by Michael W. Smith for this scripture song.)

Moses #3- Exodus 2:11-22 Moses acts on his own

MV for this week (or use previous week's): “Some trust in chariots and some in horses, but we trust in the name of the Lord our God.” Psalm 20:7

(Google “Some Trust in Chariots” by Steven Curtis Chapman for this scripture song.)

Commandment #4- Take a day off (or Honor the Sabbath or Everyone needs rest)

MV for this (or for weeks seven & eight) week: “Come to me, all you who are weary and burdened, and I will give you rest.” Matthew 11:28

Moses #4- Exodus 2:21 God meets Moses at the bush

MV for this week (or use previous week's): "Be still and know that I am God" Psalm 46:10

(Google "Be Still and Know" for this public domain scripture song.)

Commandment #5- Honor Your Father and Mother

MV for this (or for weeks nine & ten) week: "Children, obey your parents in the Lord, for this is right." Ephesians 6:1

Moses #5 - Exodus 3 & 4 Moses argues with God

MV for this week (or use previous week's): "He who obeys instructions guards his life, but he who is contemptuous of his ways will die." Proverbs 19:16

Commandment #6- Honor life (or Do not murder)

MV for this (or for weeks eleven & twelve) week: "Love does no harm to its neighbor. Therefore love is the fulfillment of the law." Romans 13:10

Moses Life #6 - Exodus 5-10 The first nine plagues

MV for this week (or use previous week's): "Anyone who hates his brother is a murderer" 1 John 3:15

Commandment #7- Learn to love (or Do not commit adultery)

MV for this (or for weeks thirteen & fourteen) week: "For this reason a man will leave his father and mother and be united to his wife, and they will become one flesh." Genesis 2:24

Moses #7 - Exodus 11-13 The tenth plague

MV for this week (or use previous week's): "For whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes." 1 Corinthians 11:26

Commandment #8- Learn to give (or Do not steal)

MV for this (or for weeks fifteen & sixteen) week: "He who has been stealing must steal no longer, but must work, doing something useful with his own hands, that he may have something to share with those in need." Ephesians 4:28

Moses # 8 - Exodus 14 & 15 The Red Sea.

MV for this week (or use previous week's): "Thanks be to God for His indescribable gift." 2 Corinthians 9:15

Commandment #9- Tell the truth (or Do not lie or Words matter)

MV for this (or for weeks seventeen & eighteen) week: "The Lord detests lying lips, but he delights in men who are truthful." Proverbs 12:22

Moses #9 - Exodus 15:22-17 God provides

MV for this week (or use previous week's): When I am afraid, I will trust in you, in God, whose word I praise. In God I trust. I will not be afraid. What can mortal man do to me? Psalms 56:3-4 (Check out "Tuned In! volume 2" cd from Gospel Light. The #10 track is this verse.)

Commandment #10- Trust God (or Do not covet)

MV for this (or for weeks nineteen & twenty) week: "For where your treasure is, there your heart will be also." Matthew 6:21

Moses #10 - From Exodus 19-24 & Deuteronomy 4-6 Moses receives the 10 Commandments

MV for this week (or use last week's verse): "One of the teachers of the law came and heard them debating. Noticing that Jesus had given them a good answer, he asked him, "Of all the commandments, which is the most important?" The most important one," answered Jesus, "is this: 'Hear, O Israel, the Lord our God, the Lord is one. Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.' The second is this: 'Love your neighbor as yourself.' There is no commandment greater than these." **Mark 12:28-31**

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