

# POTHOLDERS AND PLACEMATS

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Potholder front



Potholder back

## MATERIALS NEEDED:

T- shirt scraps  
Good fabric scissors  
ruler  
sewing machine  
applique scissors

## Suggested finished sizes:

8" square for potholder  
14" x 18" for placemat

Cut pieces of knit materials that are at least 1-2" bigger in every direction from the finished size you'd like. (Make 7 layers for a potholder and 3-4 layers for a placemat.)

Iron/pin your pieces together. (Cut fabric will curl more if you put the right side up.)

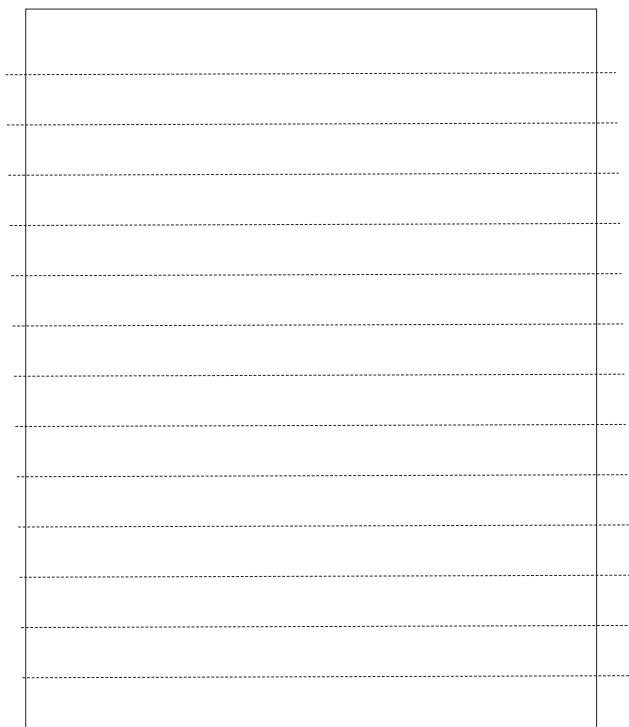
Sew back and forth across the pieces until the whole piece is covered with stitching that is approx 1/2" apart. (I use my sewing foot as my guide.)

With a pair of applique scissors, cut in-between the sewing lines, cutting ONLY the top layer of knit. Leave the last row on each side uncut. (Depending on your design, you may wish to cut slits on both sides of the fabric you have made to make it more reversible. This makes the fabric "softer" so you might want to add another layer in-between the slit layers.)

Trim your piece to the size you'd like it. Cut/remove just the stitching line on the rows on the ends that you did not "slice". This will leave a full row on those two edges to fringe.

To hold your stitching, topstitch around edge at approx. 1/4-1/2" from the edge. (Again, I use my sewing foot as my guide.)

If desired, you may cut the areas around the edges for a fringe. Be sure you don't cut any stitching!



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