

## SMALL GROUP RESOURCE

Just because you can doesn't mean you should.

### SCRIPTURE READING:

1 Samuel 24:1-19  
2 Peter 1:1-11  
Proverbs 25:28  
James 4:7

### DISCUSSION QUESTIONS:

#### Proverbs 25:28

Why is self-control important?

#### 1 Samuel 24:1-19

Why is this encounter between Saul and David so significant?  
Why did God present David with this opportunity?

What could David have done? What should David have done?

What would you have done?

What would have happened if the roles had been reversed between David and Saul? Why?

#### 2 Peter 1:1-11

What do we need to know or understand to experience  
Self-control in our lives?

#### Galatians 5:22-23

What is the role of the Holy Spirit in self-control?  
What is your role in self-control?

Where do you need to experience greater self-control in your  
life?

Which of these 3 things would help you most in growing in this  
area: resistance, community, or focus on God?

### PRAYER FOCUS:

Praise God for His self-control.

Agree with God about areas of your life that are out of control.

Thank God for the people who help you stay in control.

Ask God for the strength to resist through His Spirit.

## FAMILY RESOURCE:

**BIG IDEA:** Just because you can doesn't mean you should.

### READ 1 SAMUEL 23:26-24:2

Why did Saul take 3,000 men to look for David?  
Play hide and seek.

### READ 1 SAMUEL 24:3-7

Why were David & his men in the cave?  
Why was Saul in the cave?  
What did David's men want David to do?  
What did David do?  
Show some of your clothes that are torn  
and tell how they got that way.

### READ 1 SAMUEL 24:8-11

Why did David want Saul to know  
what could have happened?  
Make up & tell a story that has 2 different endings.

### READ 1 SAMUEL 24:12-15

Why did David not kill Saul?  
How did David make his decision?  
Play a table game that uses dice to make your moves.

### READ 1 SAMUEL 24:16-19

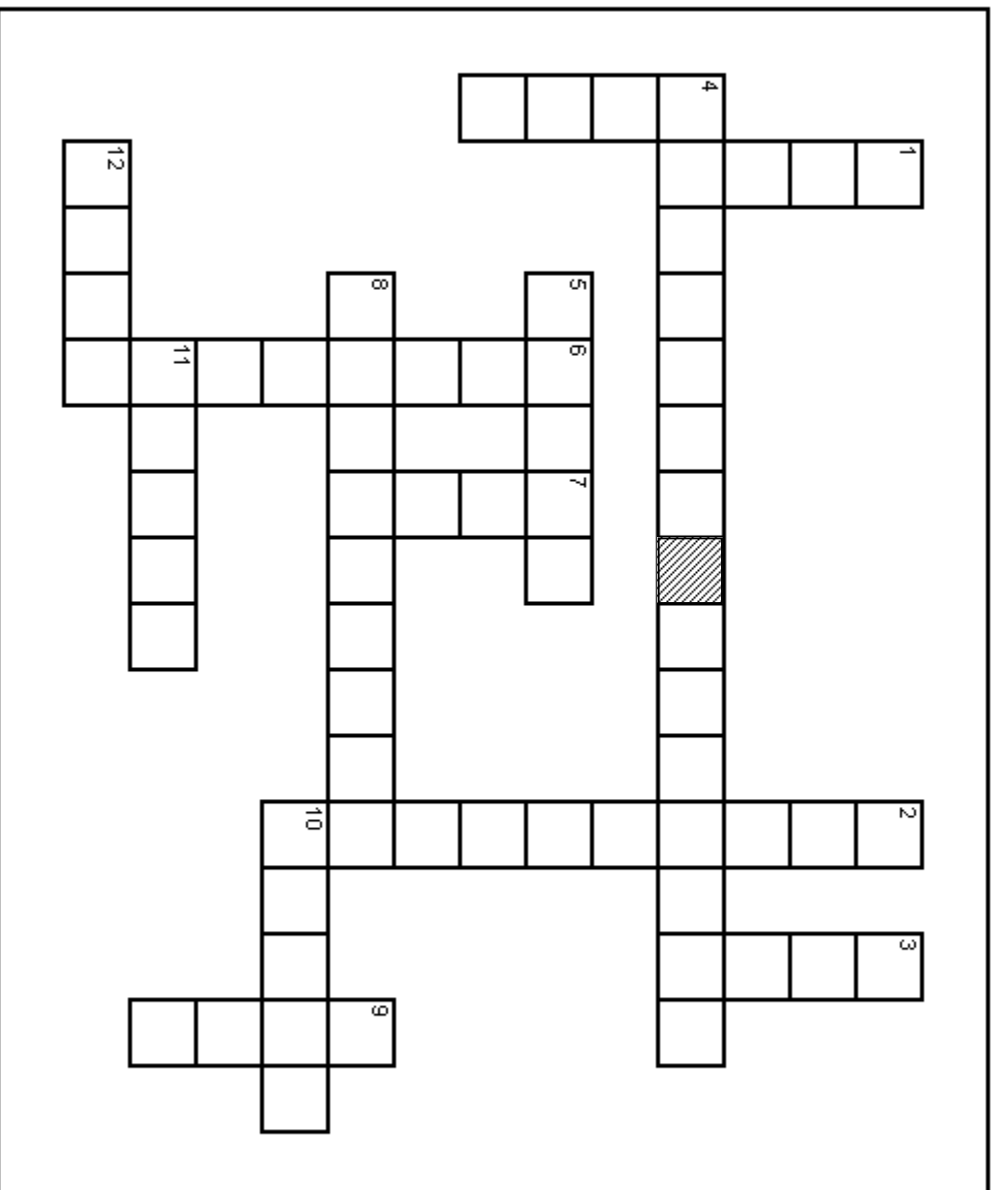
How did Saul react to David's choice?  
Do you have something to apologize for?

### MEMORY VERSE:

But \_\_\_\_\_ of \_\_\_\_\_ is \_\_\_\_\_, \_\_\_\_\_,  
\_\_\_\_\_,  
\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_,  
and \_\_\_\_\_ - \_\_\_\_\_. \_\_\_\_\_ is \_\_\_\_\_  
\_\_\_\_\_.  
\_\_\_\_\_ 5:22-23

# David Chooses Well

All clues are from the NIV version of the Bible.



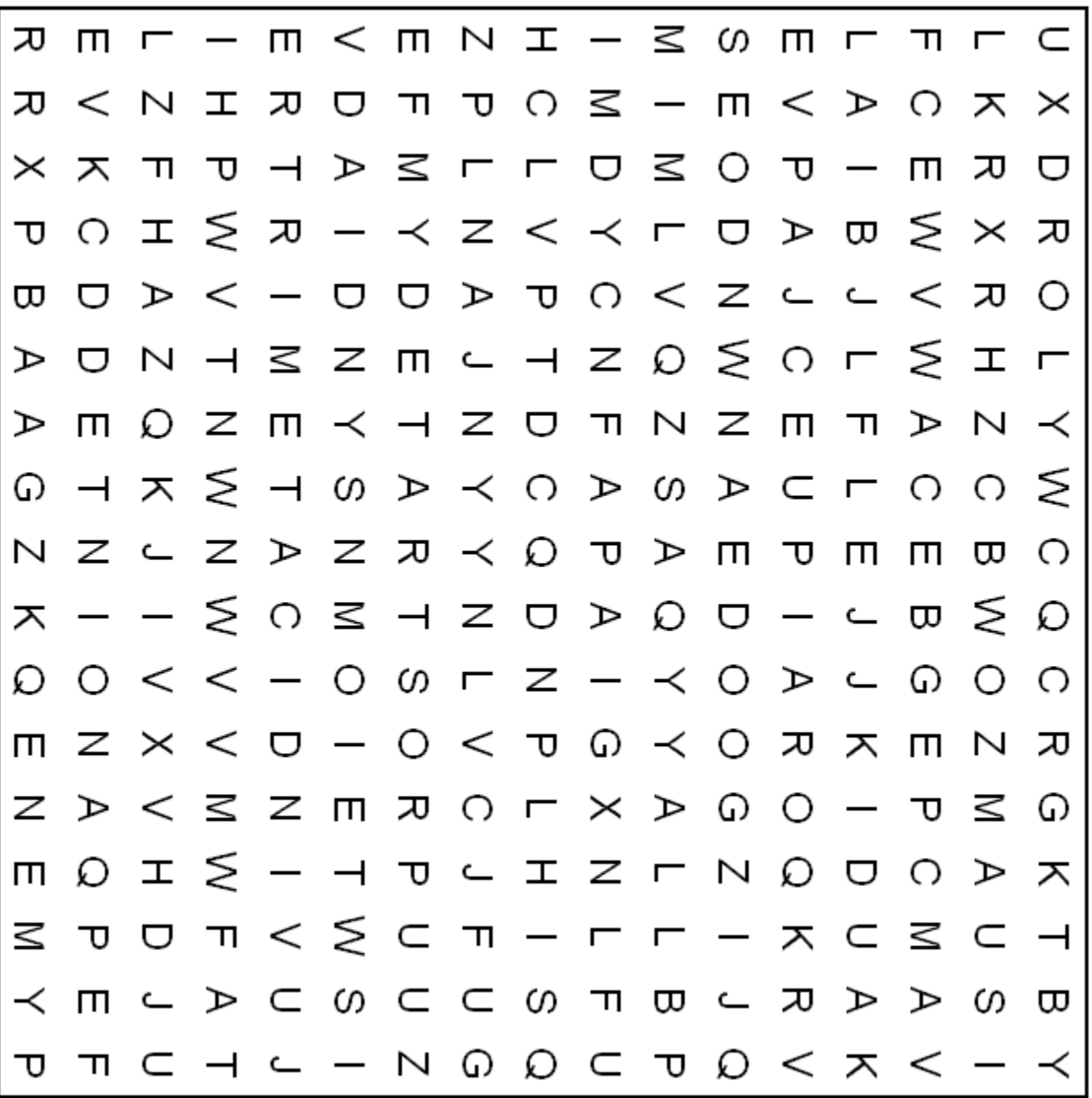
## Across

4. pee (1 Samuel 24:3)
5. how Saul treated David (1 Samuel 24:17)
8. prove innocent (1 Samuel 24:15)
10. he had a knife (1 Samuel 24:4)
11. he wants to harm you (1 Samuel 24:4)
12. how David had treated Saul (1 Samuel 24:18)

## Down

1. a bit hole in the rock (1 Samuel 24:3)
2. laid down flat (1 Samuel 24:10)
3. he was the king (1 Samuel 24:1)
4. outer clothing (1 Samuel 24:4)
6. chosen by God as King (1 Samuel 24:6)
7. He will judge (1 Samuel 24:12)
9. what some wanted David to do (1 Samuel 24:10)

# David Chooses Well



Saul

cave

relieve himself

enemy

robe

anointed

David

prostrated

kill

Lord

vindicate

badly

good

## David Chooses Well

1. SULA \_\_\_\_\_
2. DDIAV \_\_\_\_\_
3. ODOG \_\_\_\_\_
4. DRLO \_\_\_\_\_
5. RHLIEEVSEMLFEI \_\_\_\_\_
6. MNEYE \_\_\_\_\_
7. CDTNAIEVI \_\_\_\_\_
8. ABLDY \_\_\_\_\_
9. EVAC \_\_\_\_\_
10. NTEAIOND \_\_\_\_\_
11. BROE \_\_\_\_\_
12. IKLL \_\_\_\_\_
13. RPEADSRTOT \_\_\_\_\_

Courtesy of [www.mygrandmatime.com](http://www.mygrandmatime.com)

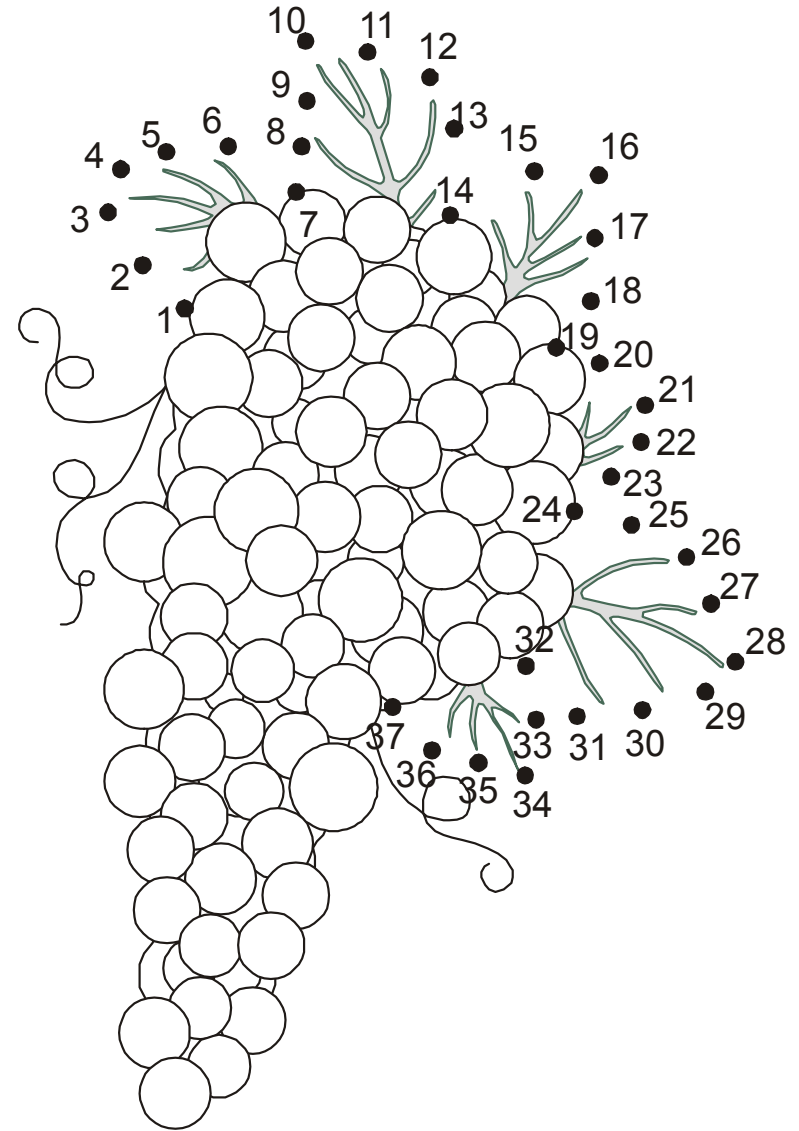
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**Bible Verse in sign:** But the fruit of the spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and **SELF-CONTROL** - the sign indicates me (self) and reins like on a horse

**SELF-CONTROL** Can you eat just ONE grape?  
ONE chip? etc.

It is very hard not to eat too many grapes and get sick.  
Eat some grapes.

Better yet, share some grapes with someone else!



**Additional Bible verses:** Proverbs 29:11; James 1:19

What 2 words are in each verse?  
(This makes a great Bible drill too!)

Deuteronomy 2:36

Deuteronomy 31:6

Joshua 1:9

2 Samuel 10:12

1 Kings 15:4

1 Chronicles 19:13

Psalms 62:11

Isaiah 35:4

Zechariah 12:5

Luke 2:40

1 Corinthians 1:27

1 Thessalonians 2:2

1 Peter 5:10

1 John 2:14

### **CRAFTS:**

Make paper airplanes. How do you control them?

Use playdough to make the weapons that David would have had. Make a cave.

### **GAMES:**

Have 2 people stare at each other. Who will be the first to blink?

Try to make someone laugh/smile. Who can hold out the longest?

Who can stand on one foot (no leaning!) the longest?

Rub your tummy and pat your head, then pat your tummy and rub your head.

Play Fruit Match.

Play Fruit Bingo.

### **FAMILY ACTIVITIES:**

What things help you keep control of yourself? Prayer? Naps? Food? Quiet? Make a “family agreed upon” plan for helping each other with self-control. (Perhaps a “time out” sign?)

Discuss and practice ways to stop a fight.

Pick a “mouth” activity that you need to conquer. As a family, set goals, rewards, and consequences so you can learn self-control together.

### **MUSIC:**

**Galatians 5:22-23**

(Words & music by Gary Pailor. C. 2001 Gospel Light, Ventura, CA 93006)

**Self-Control**

(Words & music by Gary Pailor & Wes Haystead.  
C. 2001 Gospel Light, Ventura, CA 93006)

You'll find more learning resources  
about the Fruit of the Spirit at  
[www.mygrandmatime.com](http://www.mygrandmatime.com)