

SMALL GROUP RESOURCE

Thankful hearts give.

SCRIPTURE READINGS:

Genesis 3:4,5
Exodus 20:17
Matthew 6:19-21
Matthew 6:24-34
Philippians 4:1-9
Philippians 4:10-19

DISCUSSION QUESTIONS:

Genesis 3:4,5 Why did Adam and Eve eat the forbidden fruit? How did their expectations differ from what actually happened?

Exodus 20:17 The Hebrew word translated covet means to desire or take pleasure in. What blessing does God desire to provide through this commandment?

Matthew 6:19,20 What is the connection between our desires and our stuff? What do you treasure most: time?

Philippians 4:1-19 What was Paul's situation when he was writing this letter? Who was Paul concerned about as he writes?

What is the secret of being content?

Why does Paul want the church in Philippi to give?

How does giving impact our level of contentment?

What is God's promise in this passage? If you really trusted in this promise how would it impact your willingness to give?

When have you been most content? How much was your contentment related to your circumstances? How does contentment relate to freedom?

How would applying Philippians 4:6-8 daily affect our level of contentment?

What is one thing you could change this week to move toward greater contentment and freedom in your life?

PRAYER FOCUS:

Praise God for being a promise keeper.

Agree with God about the discontent in your life.

Thank God for the needs He has met in your life.

Share with God the needs you think are going unmet.

FAMILY RESOURCE

Big Idea: Thankful hearts give.

READ PHILIPPIANS 4:4

What makes you happy?

Make happy faces in the mirror.

READ PHILIPPIANS 4:5

What is gentleness?

Have a relay race with a raw egg.

READ PHILIPPIANS 4:6-7

What happens when you are anxious?

What should you do instead of being anxious?

Do those things now!

READ PHILIPPIANS 4:8

What does God want you to think about?

What do ads/commercials want you to think about?

Look at some ads together and talk about them.

READ PHILIPPIANS 4:9

Draw a picture of someone you want to either look like or live like.

Have others guess who it is and why you drew them.

READ PHILIPPIANS 4:10-11

What does it mean to be content?

Make a list of things you have enough of.

READ PHILIPPIANS 4:12

Ask your parents to describe their lives.

READ PHILIPPIANS 4:13

Why does this verse say "do" rather than "have"?

What can I do?

Who gives me strength?

Do jumping jacks together while memorizing this verse.

MEMORY VERSE:

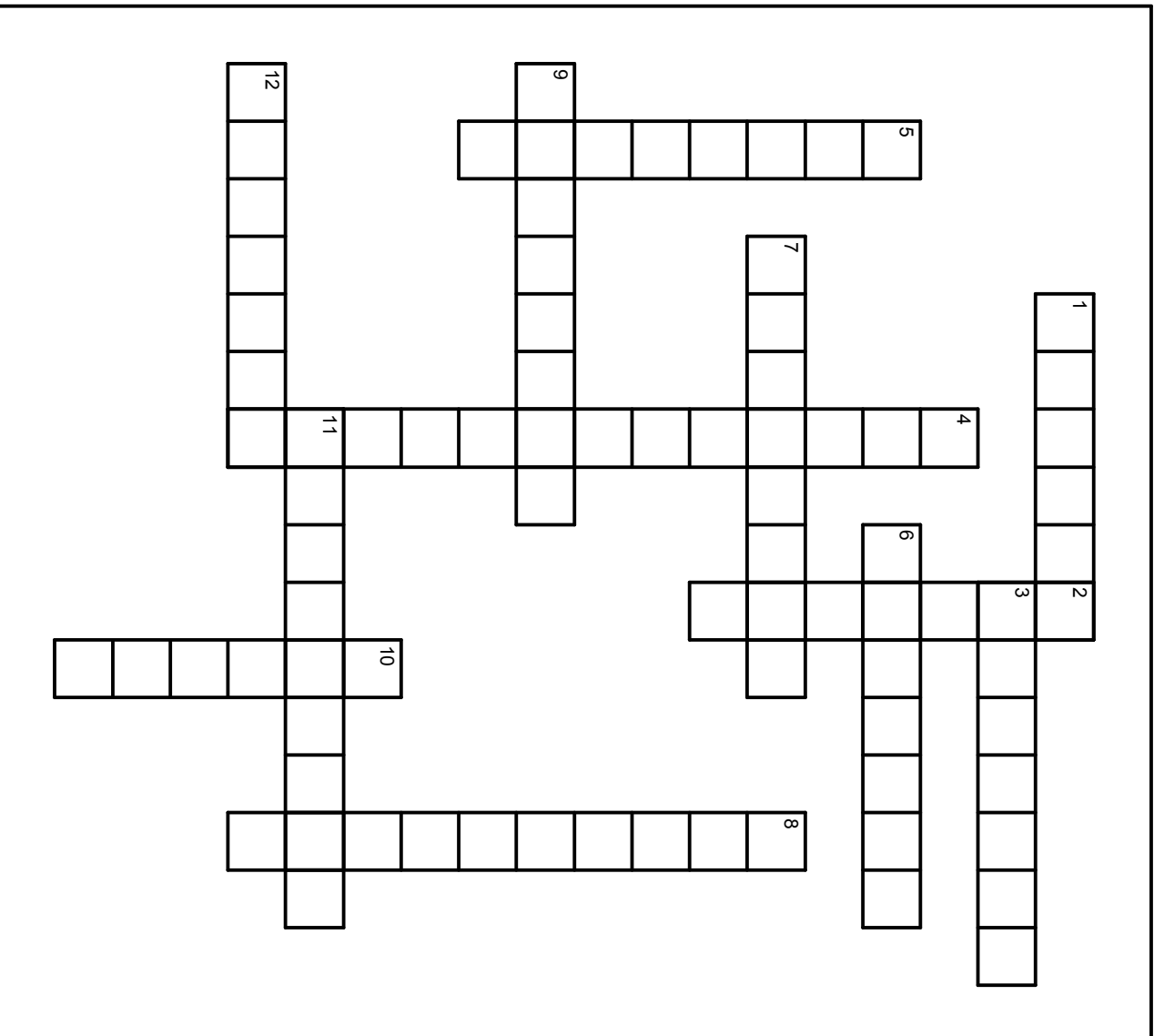
So if son _____,
_____ will be _____.

John 8:36 (NIV)

Courtesy of www.mygrandmatime.com

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Be Content



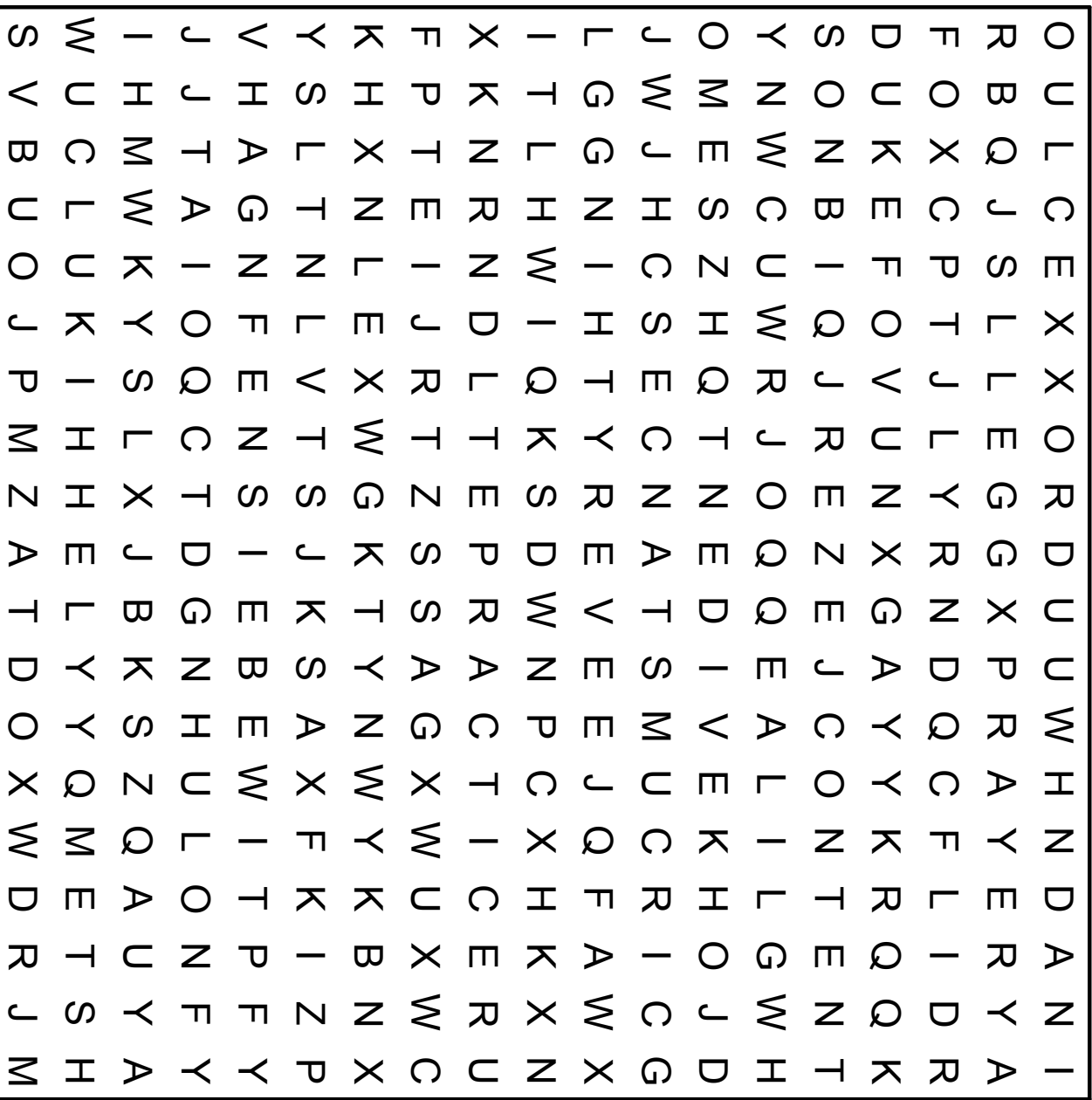
Across

1. talking to God (Philippians 4:6)
3. noticeable (Philippians 4:5)
6. happy with (Philippians 4:11)
7. do over and over and over (Philippians 4:9)
9. power or might (Philippians 4:13)
11. very good (Philippians 4:8)
12. worried (Philippians 4:6)

Down

2. be happy (Philippians 4:4)
4. things that are happening around you (Philippians 4:11)
5. things you ask for (Philippians 4:6)
8. all (Philippians 4:13)
10. at all times (Philippians 4:4)

Be Content



circumstances

rejoice

always

anxious

content

everything

strength

prayer

excellent

requests

practice

evident